## 2015-2016 SKATING REGISTRATION INFORMATION

## Register now on-line at www.lsfsc.ca

Registration is now completely done online.

Payment options: PayPal during registration or by cheque mailed to the club address at LSFSC Box 3 - 260 Elizabeth Street, SSM ON, P6A 6J3. Register quickly as spots are limited and we often run waiting lists for our programs that fill up.



Skate Canada's Flagship Learn-to-Skate Program
The following sessions offered at the John Rhodes Community Centre starting September 21<sup>st</sup>
Sundays 3:40-4:30 p.m.
Mondays 6:10-7:00 p.m.
Tuesdays 6:10-7:00 p.m.

Skaters learn the fundamental skating skills that will prepare them for hockey, ringette, figure skating and/or recreational skating.



Introduction to Figure Skating

Sessions offered at the John Rhodes Community Centre Wed 6:10-7:00 p.m. and/or Sat 4:10-5:00 p.m. starting Wed. Sept 9, 2015.

Our Introductory StarSkate Junior program transitions skaters from the CanSkate *learn to skate* program and begins to focus on the fundamental skills of figure skating. Also, children who are 6 years of age who have not participated in the CanSkate program but are interested in figure skating may register for this program.

## **POWERSKATE**

Session 1: October 4, 11, 18, 25 – Sundays 7:30-8:30 a.m.
Session 2: January 17, 24, 31 and February 7 – Sundays 7:30-8:30 a.m.
Session 3: March 21, 28, April 4, 11, 18, 25, May 2, 9 – Mondays

As skaters transition from CanSkate to PowerSkate, the focus will continue to be on fundamental skating skill development and speed drills. Skaters will be grouped accordingly – those that are wearing hockey equipment and have experience in PowerSkate will be in one group and those transitioning into PowerSkate (without hockey equipment) will be in a second group.

Should you have questions, please feel free to email: info@lsfsc.ca